



**Central
Lake Ontario
Conservation**

News Release

100 Whiting Avenue, Oshawa, ON, L1H 3T3
(905) 579-0411, fax (905) 579-0994

2nd Annual Mother's Day Wildflower Hike and Tea

Sunday, May 10, 2009 at 1:00pm
Heber Down Conservation Area, Whitby

Pamper Mom this year by treating her to Central Lake Ontario Conservation's 2nd Annual Mother's Day Wildflower Hike and Tea. This event will be held on Sunday, May 10th from 1:00 to 3:00pm at Heber Down Conservation Area in Whitby. **The event is free, but registration is required as space is limited.**



White Trillium Flowers

"Bring your special Mom and join our staff for a leisurely wildflower hike and discover the many native spring blooming perennials that carpet the woodlands at Heber Down Conservation Area," says Cathy Grant, Education Instructor with Central Lake Ontario Conservation. "We will talk about the flowers names, some folklore, how to grow native plants in your own garden and provide you with some excellent photographic opportunities." The wildflower hike will start at 1:00pm from the group camping parking lot at the northeast corner of Lyndbrook and Country Lane Roads. Hikers are asked to dress for the weather, wear walking shoes and remember to bring their cameras. At the conclusion of the walk, participants will be treated to an old fashion tea.

To register for the wildflower hike or for more information please contact Cathy Grant at the Conservation Authority office at 905-579-0411, ext 108 or email cgrant@cloca.com.

Directions:

To get to the group camping parking lot, take Brock Street in Whitby to Taunton Road; turn west and travel to Country Lane Road. Turn right onto Country Lane Road and travel to Lyndbrook Road. Turn right and the parking lot will be on the left side of the road.

What we do on the land is mirrored in the water.



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Directions

Heber Down Conservation Area

Mothers Day Wildflower Walk and Tea

Directions: Exit 401 at Brock Street in Whitby (Hwy 12) and travel north to Taunton Road. Turn left onto Taunton and travel to Country Lane Road, turn right and travel to Lyndebrook Road (Stop sign). Turn right and then left into the Group Camping Parking Lot. Watch for signs.

*Please meet in the Group Camping Parking Lot
via Lyndebrook Road*



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