



News Release

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World Wetlands Day Annual Snowshoe at Lynde Shores Conservation Area

On Sunday February 1, 2009 celebrate World Wetlands Day at Lynde Shores Conservation Area in Whitby with a snowshoe! On this day, Central Lake Ontario Conservation Staff will be on site from 10:00am to Noon to answer your questions regarding wetlands and give some pointers on snowshoeing. Families are also invited to try snowshoeing, weather permitting, on the trail systems at Lynde Shores as Conservation staff will have children's snowshoes for our young visitors to use. Adults if you have your own pair of snowshoes, please bring them along. This event is FREE however registration is required.



Julia (left) and sister Alicia test out the new snowshoes donated by Mountain Equipment Co-op.

"Snowshoeing is fun for all and a great way to explore our wetlands, a place that is full of wildlife activity, even in the winter," says Patricia Lowe, Director of Watershed Stewardship, Community Outreach & Education with Central Lake Ontario Conservation. "Wetlands play an important role in our watershed as they help reduce flooding, act as natural filters to improve water quality and are home to many species of flora and fauna."

Register Now – Space Limited

To register please contact the Conservation office at 905-579-0411, ext 108 and clearly state names and phone numbers of attendees. Someone will return your call only if you leave a specific question or if details of the event change. In the event of poor weather conditions call the above number for notice of cancellation.

Not able to get outside to celebrate? Then visit our website at www.cloca.com and find out about the Durham Region Coastal Wetlands project and how Central Lake Ontario Conservation is working with other organizations to protect and enhance the Region of Durham's wetlands.

World Wetlands Day celebrates the intergovernmental treaty "The Convention on Wetlands", signed in Ramsar, Iran, on Feb. 2, 1971 which provides the framework for national action and international cooperation for the conservation and wise use of wetlands and their resources. Each year a wide variety of organizations and communities, like ours, take advantage of this day to raise public awareness of wetlands. From 1997 to 2007, the Convention's Web site (<http://www.ramsar.org>) has posted reports from more than 90 countries regarding World Wetlands Day activities, big and small, from lectures and seminars, nature walks, children's art contests and community clean-up days, to radio and television interviews and more.

What we do on the land is mirrored in the water.